



**5<sup>th</sup>** ANNUAL CONGRESS OF EGYPTIAN  
SOCIETY OF ANAESTHESIOLOGY  
AND ACUTE CARE (ESAAC)

**2<sup>nd</sup>** OF AFROARAB SOCIETY OF ANAESTHESIA  
AND CRITICAL CARE

Tips and tricks	Prof Yasser Reda
Head and neck	Prof Ahmed Hasnain
(a) Greater occipital nerve block (b) Cervical facet (c) Cervical sympathetic block	Dr Yasser Al Tayeb
Hip and knee joint examination	Dr Ahmed Halwagy
Hip and knee joint denervation	Dr Mamdouh al Shal
Shoulder joint (a) Suprascapular nerve block (b) AC joint (c) SSB (d) Biceps tendon (e) Shoulder joint denervation	Prof Ahmed Zaghlol
Trunk block (a) Caudal epidural block (b) SI joint block (c) SI joint denervation (d) ESPB	DR Mohamed Shible Dr Ahmed Halwagy
Scan on request	Prof Yasser Reda DR Mohamed Al Afandi



**Cairo - Egypt**  
**Tiba Rose Elnozha**



**08**  
**APRIL** 2026



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## Requirements

1. Anesthesia ultrasound 5 machines
2. Volunteers for hand on examinations {6 person}
3. Gel, Bed sheets tissue

## Clinical station:

1. Registration at **8:30 am**
2. Pre course exam **15 minutes**
3. 1 presentations from **09:00 – 09:30 am**
4. Hand on use volunteer ( 6 volunteers)
5. Break 30 minutes then hand on every station **50 minutes after 2 cessions.**
6. 5 stations
7. 5 ultrasound machines.
8. And at least 6 volunteers
9. breaks for 30 minutes.
10. Post course exam 15 minutes
11. Closing



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## The EASy Workshop

Time	Schedule	Description
7:00 – 8:00	Registration	
8:00 – 8:10	Introduction	
8:10 – 8:30	Overview Lecture Room	Group Introductions, Surveys, and Pre-test
8:30 – 10:00	Image Acquisition Introductions (20 minutes each) – Lecture Room	<ul style="list-style-type: none"> <li>- Subcostal Cardiac and Inferior Vena Cava Views</li> <li>- Introduction to Lung Ultrasound</li> <li>- Introduction to Gastric Ultrasound</li> <li>- Hemodynamic Phenotypes of Patients in Shock</li> </ul>
10:00 – 10:15	Break	
10:15 – 12:15	Interactive Ultrasound Demonstrations – Small groups, Skills Room	<ul style="list-style-type: none"> <li>- Volume Assessment</li> <li>- Left Ventricular Assessment</li> <li>- Right Ventricular Assessment</li> <li>- Image Acquisition and Random Cases</li> </ul>
12:15– 12:30	Distribute lunch boxes in Lecture room	
12:30– 1:30	Presentations – Lecture Room	<ul style="list-style-type: none"> <li>- Ultrasound Use in Advanced Cardiac Life Support</li> <li>- Ultrasound Support of Resuscitation in Sepsis and Septic Shock</li> <li>- Incorporating EASy in Physiologically Difficult Airway (PDA) Management</li> </ul>
1:30 – 2:00	Small groups Simulation Code-Plus! - Small groups, Skills Room	
2:00 – 2:15	Break	
2:15 – 4:15	Clinical Case Discussions with Report Generation: Small groups, Skills Room	
4:15– 4:45	Limitations and Pitfalls – Lecture Room	
4:45– 5:15	Post-test and Closing Remarks - Lecture room	

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ULTRASOUND BLOCKS TIPS AND TRICKS	Prof Yasser Reda
Upper limb	Dr Mohamed AbdelWahab
1. Brachial plexus block at different level 2. Separate nerve block of Upper limb 3. Suprascapular nerve block	Dr Maeen Ahmad
Lower limb block	Dr Mamdouh al Shal
1. Femoral N block 2. LCFN block 3. Sciatic N block 4. Adductor canal block 5. Fascia iliac and PENG block	Prof Yasser Reda Dr Ahmed Halwagy
Trunk block	Dr Yasser Zaghloul
1. PICS,1 and 2 and serratus plane blocks 2. Erector spinae plane block 3. TAP block. 4. Rectus abdominus plane block	Dr Mohamed Shible
Scan on request for preferred block	Prof Yasser Reda Dr Mohamed Al Afandi

 **09**  
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## Overall Learning Outcomes:

1. Describe the principles of ultrasound imaging.
2. Identify relevant sono-anatomy of various regional anesthesia procedures.
3. Learn indications for regional anesthesia techniques.
4. Learn safe approaches and performance of regional anesthesia procedures.
5. Use proper equipment settings, transducers, needles, and ergonomics to perform a safe and successful procedure.

## Requirements

1. Anesthesia ultrasound machines 4-5
2. Volunteers for hand on examinations 4-5

## Clinical station:

1. Registration **at 8 am**
2. Pre course exam **15 minutes**
3. Hand on use volunteer
4. Break **30 minutes** then hand on every station **50 minutes after 2 sessions.**
5. 4 stations upper limb, lower limb, trunk and scan on request for any preferred block
6. 5 ultrasound machines.
7. And at least 6 volunteers
8. breaks for **30 minutes.**
9. Post course exam **15 minutes**
10. Closing



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## International Fluid Academy course

Time	Schedule	Description
08.00 - 09.00	Registration	
SESSION 1: Opening Session - Chairpersons:		
09.00 - 09.15	Opening ceremony	The President of The event and IFA President
09.15 - 10.00	Introduction to Fluid Stewardship: The 10 D's of fluid therapy	
10.00 - 10.30	Introduction to Hemodynamic Monitoring and Fluid Responsiveness	
10.30 - 10.45	Round Table Discussion	All Speakers
10.45 - 11.15	Welcome Coffee	
SESSION 2: Organ function - Chairpersons:		
11.15 - 11.45	Introduction to bio-eklectrical impedance analysis	All Speakers
11.45 - 12.15	Fluid accumulation syndrome	
12.15 - 12.45	How to implement fluid stewardship	
12.45 - 13.00	Round Table Discussion	All Speakers
13.00 - 13.40	Lunch Break	
SESSION 3: Hands-on Skill stations - Chaipersons:		
13.40 - 14.00	Skill station 1: BIA	
14.00 - 14.20	Skill station 2: TPTD shock patterns	
14.20 - 14.40	Skill station 3: VExUS	



## International Fluid Academy course

Time	Schedule	Description
14.40 - 15.00	Skill station 4: PLR	
15.00 - 15.15	Discussion	
15.15 - 15.45	Coffee Break	
<b>SESSION 4: Advanced Case Discussion (Interactive Session) - Chairpersons:</b>		
	Case Discussion given by Local Expert covering ROSE phases	Presented by local expert and discussed by all speakers
15.45 - 15.55	1st topic : (R)esuscitation	Case presentation by local expert
15.55 - 16.05	Discussion on Resuscitation Fluids are Drugs!	All Speakers - moderated by
16.05 - 16.15	2nd topic : (O)ptimisation	Case presentation by local expert (continued)
16.15 - 16.25	Discussion on Optimization - Fluid restriction and withholding - advanced monitors	All Speakers - moderated by
16.25 - 16.35	3rd topic : (S)tabilisation	Case presentation by local expert (continued)
16.35 - 16.45	Discussion on Stabilization - Rationalizing fluids maintenance and creep	All Speakers - moderated by
16.45 - 16.55	4th topic : (E)vacuation	Case presentation by local expert (continued)
16.55 - 17.05	Discussion on Evacuation - How to guide deresuscitation and fluid withdrawing	All Speakers - moderated by
<b>SESSION 5: Closing Session - Chairpersons</b>		
17.05 - 17.25	Closing lecture: How artificial intelligence will guide fluid therapy in the future	TBD
17.25 - 17.50	Post-Test Examination	
17.50 - 18.00	Closing ceremony - IFA prize award for top 3 winners and group photo	All Speakers

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## ESAAC 2026 Congress

**Day 1: Friday 10th April 2026**

Time	Topic	Speaker
9:00 – 9:10	Opening & Welcome Notes	Safaa Helal - Egypt
<b>Session 1: Plenary Lectures</b> <b>Moderators: Safaa Helal, Ahmed Reda, Yasser Zaglol</b>		
9:10 – 9:30	Critical Care Medicine: A Global View	Javier Perez - USA
9:30 – 9:50	Anesthesia 2026; Landmark Publications Shaping the Future	Mohamed Abdulatif Egypt
9:50 – 10:10	Nationwide Retrospective Analysis of Intravenous Fluid and Drug Use in Belgian Hospitals; A Descriptive Observational Study	Manu Malbrain Belgium
10:10 – 10:30	Discussion	
<b>Session 2: General Topics</b> <b>Moderators: Wesam Suoltan, Ahmed Hasnin, Javier Perez</b>		
10:30 – 10:50	Surviving Sepsis Campaign International Guidelines; 2026 Updates	Rayan Maves - USA
10:50 – 11:10	Advancements in Hemodynamics: 2025-2026 Overview	Ahmed Hasanin Egypt
11:10 – 11:30	Understanding Right Ventricular Hemodynamics: Implications for Management	Ahmed Taha - UAE
11:30 – 11:45	Discussion	
11:45 – 13:00	Jumma Pray & Coffee Break	
13:00 – 14:00	Opening Ceremony	
<b>Session 3: Transplant</b> <b>Moderators: Esam Manaa, Eman Sayed, Rabab Habib</b>		
14:00 – 14:20	Changes in Coagulation in Patients with Liver Cirrhosis	Fuat H. Saner - KSA



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## ESAAC 2026 Congress

**Day 1: Friday 10th April 2026**

<b>Time</b>	<b>Topic</b>	<b>Speaker</b>
14:20 – 14:40	Ischemic Heart Disease and Liver Transplant; How to Harmonize?	Mohamed Elmorshdy Egypt
14:40 – 15:00	Acute-on-Chronic Liver Failure; How to Mange?	Khaled Ismail - UAE
15:00 – 15:20	Norepinephrine in Liver Transplant	Moataz Emra – KSA
15:20 – 15:40	Pediatrics Liver Transplant; A Case Report	Yasser Zaghloul - UAE
15:40 – 16:00	Porto pulmonary syndrome ( severe pulmonary hypertension and liver transplants)	Hossam Beshara Australia
16:00 – 16:30	<b>Discussion and Coffee Break</b>	
<b>Session 4: General Topics</b> <b>Moderators: Lamia Hamid, Magdy Mammdoh, Basma Ghoniem</b>		
16:30 – 16:50	Your Paper; From Submission to Decision	Abdel-Azeem El-Dawlatly Egypt
16:50 – 17:10	Patient Blood Management in Pediatrics	wessam sultan- Egypt
17:10 – 17:30	Complications of Regional Anesthesia	yasser reda- Qatar
17:30 – 17:50	Drug Dosing Strategies in the Context of Renal Replacement Therapies	Wasim El Nekidy UAE
17:50 – 18:10	<b>Discussion</b>	
<b>End of Day 1</b>		

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## ESAAC 2026 Congress

**Day 2: Saturday 11th April 2026**

Time	Topic	Speaker
<b>Session 5: Critical Care Medicine</b> <b>Moderators: Adel Alsisi, Mohamed Al-Khashab, Galal Abd Elnaby</b>		
9:00 – 9:20	Get With The Guidelines Resuscitation (GWTG-R); The John Hopkins Experience	Aliaksei Pustavoitau USA
9:20 – 9:40	Postoperative Pulmonary Complications	Prashant Nasa - UK
9:40 – 10:00	Artificial Intelligence in Sepsis	António Gandra d'Almeida - Portugal
10:00 – 10:20	Peri-operative ECMO Indications, Modes and Precautions for Anaesthesiologists	Akram Abelbary - Egypt
10:20 – 10:40	Phenotypes of Cardiogenic Shock	Mohamed Al-Khashab UAE
10:40 – 11:00	Neuro- ICU Multi- Modality Monitoring and Advanced Sedation Choices	Adel Alsisi - UAE
11:00 – 11:20	Sub-phenotyping Hypotension in Early Sepsis	Carlos Scnchez - KSA
11:20-11:40	ERAS for the Critically Ill: Can Recovery Pathways Apply to Organ Failure Patients?	Mohamed Hamed Egypt
11:40 – 11:50	<b>Discussion</b>	
11:50 – 12:00	<b>Coffee Break</b>	
<b>Session 6: Airway Management</b> <b>Moderators: Wesam Sultan, Safaa Helal, Ahmed Imran</b>		
12:00 – 12:20	The New DAS 2025 Intubation Guidelines and The Accompanying Education Package	Ahmed Imran - UK
12:20 – 12:40	Advanced Airways Techniques	John Hunninghake USA
12:40 – 13:00	Interesting Airway Cases Discussion	Ahmed Imran - UK

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## ESAAC 2026 Congress

**Day 2: Saturday 11th April 2026**

Time	Topic	Speaker
13:00– 13:20	Emergency Airway Management in Critically Ill Patients;The Role of Ultrasound	Yasser Zaghloul - UAE Nibras Bughrara- USA
13:20 – 13:30	Discussion	
<b>Session 7: General Topics</b> <b>Moderators: Amr Abu Elala, Ehab Saseed, Ahmed Helwa</b>		
13:30 – 13:50	Postoperative Delirium; Prevention and Management	Bernard Heidemann UK
13:50 – 14:10	Between Relief and Risk: The Dual Face of Regional Anesthesia in Obstetrics	Ahmed Abd Elraouf Egypt
14:10 – 14:30	Acute and Perioperative Care of the Burn Injured Patient	Edward Bittner - USA
14:30 – 14:50	Cardiogenic Shock Management Pathway; The Concept of Shock Team Activation	Walid Ahmed - UAE
14:50 – 15:10	What is The Best Intravenous Fluid in ICU?	Amr Abu Elala - UAE
15:10 – 15:30	Discussion	
15:30 – 16:00	Coffee Break	
<b>Session 8: General Anesthesia</b> <b>Moderators: Wesam Sultan, Hisham Talab, Ashraf Arafat</b>		
16:00 – 16:20	Anesthetic Challenges in Valvular Heart Disease:Hemodynamic Goals,Risk Mitigation, and Real-World Case Strategies.””	Hisham Talab Canada
16:20 – 16:40	Digital Twins in Critical Care:From Data Streams to Real-Time Clinical Decisions	Lamia Hamid - Egypt

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2017-2021

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AND CRITICAL CARE**ESAAC 2026 Congress****Day 2: Saturday 11th April 2026**

<b>Time</b>	<b>Topic</b>	<b>Speaker</b>
16:40 – 17:00	Curriculum Mapping in Anaesthesia Training	Suhail Ahmed Qatar
17:00 – 17:20	Hemodynamics and Fluids Optimization in Major Abdominal Surgery	Tahir Ali - UK
17:20 – 17:40	Hemodynamic Recovery After the Storm: Resuscitation Beyond Crisis	Magdy Imam - UAE
17:40 – 18:00	CRRT Vs Conventional Dialysis in Acute Brain Injured Patients.	Fadel Ibrahim - KSA
18:00– 18:20	<b>Discussion</b>	
<b>End of Day 1</b>		



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## Airway and mechanical ventilation course by SCCM

<b>Skills Room</b>	<b>08:00 - 08:40</b>	<b>08:40 - 09:20</b>	<b>09:20 -10:00</b>
Team 1	Overview of Airway Practice	Intubation Medications	Laryngoscopy
Team 2	Laryngoscopy	Overview of Airway Practice	Intubation Medications
Team 3	Intubation Medications	Laryngoscopy	Overview of Airway Practice
Team 4	Overview of Airway Practice	Intubation Medications	Laryngoscopy
Team 5	Laryngoscopy	Overview of Airway Practice	Intubation Medications
Team 6	Intubation Medications	Laryngoscopy	Overview of Airway Practice
<b>Skills Room</b>	<b>10:00 - 10:55</b>	<b>10:55 - 11:35</b>	<b>11:35 -12:15</b>
Team 1	Surgical Airways	Team Approach to Airway	Advanced Airways
Team 2	Advanced Airways	Surgical Airways	Team Approach to Airway
Team 3	Team Approach to Airway	Advanced Airways	Surgical Airways
Team 4	Surgical Airways	Team Approach to Airway	Advanced Airways
Team 5	Advanced Airways	Surgical Airways	Team Approach to Airway
Team 6	Team Approach to Airway	Advanced Airways	Surgical Airways

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AND CRITICAL CARE**Airway and mechanical ventilation course by SCCM**

<b>Skills Room</b>	<b>01:00 - 01:40</b>	<b>01:40 - 02:20</b>	<b>02:20 -03:00</b>
Team 1	Safe Mechanical Ventilation	Patient Ventilator Dyssynchrony	Refractory Hypoxemia
Team 2	Refractory Hypoxemia	Safe Mechanical Ventilation	Patient Ventilator Dyssynchrony
Team 3	Patient Ventilator Dyssynchrony	Refractory Hypoxemia	Safe Mechanical Ventilation
Team 4	Safe Mechanical Ventilation	Patient Ventilator Dyssynchrony	Refractory Hypoxemia
Team 5	Refractory Hypoxemia	Safe Mechanical Ventilation	Patient Ventilator Dyssynchrony
Team 6	Patient Ventilator Dyssynchrony	Refractory Hypoxemia	Safe Mechanical Ventilation
<b>Skills Room</b>	<b>03:15 - 03:55</b>	<b>03:55 - 04:35</b>	<b>04:35 -05:15</b>
Team 1	Noninvasive Ventilation	Disease Specific Strategies	Weaning the Difficult Patient
Team 2	Weaning the Difficult Patient	Noninvasive Ventilation	Disease Specific Strategies
Team 3	Disease Specific Strategies	Weaning the Difficult Patient	Noninvasive Ventilation
Team 4	Noninvasive Ventilation	Disease Specific Strategies	Weaning the Difficult Patient
Team 5	Weaning the Difficult Patient	Noninvasive Ventilation	Disease Specific Strategies
Team 6	Disease Specific Strategies	Weaning the Difficult Patient	Noninvasive Ventilation



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