



5th ANNUAL CONGRESS OF EGYPTIAN
SOCIETY OF ANAESTHESIOLOGY
AND ACUTE CARE ESAAC

2nd OF AFROARAB SOCIETY OF ANAESTHESIA
AND CRITICAL CARE

Beyond the Scientific Program

 **08-12 APRIL 2026**



Cairo - Egypt
Tiba Rose Elnozha



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2nd OF AFROARAB SOCIETY OF ANAESTHESIA AND CRITICAL CARE

Congress chairman



Prof Ahmed Reda



Prof Safaa Hilal

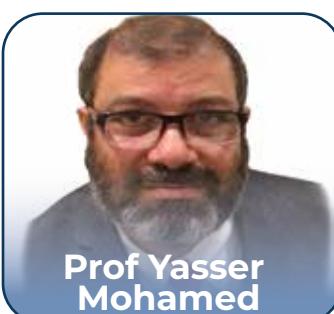


Prof Yasser Zaghloul

Congress vice president



Prof Nagwa Doha



Prof Yasser Mohamed

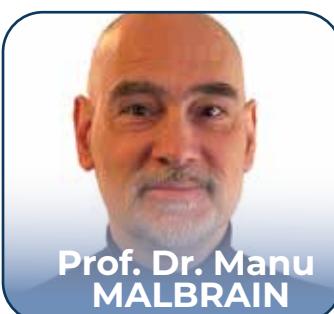


Prof Amany Ammar

Honorary president



Prof Javier Pérez Fernández



Prof. Dr. Manu MALBRAIN

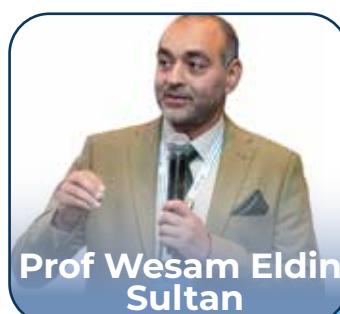


Dr. Adel Alsisi

Secretary General



Prof Mohamed Hamed



Prof Wesam Eldin Sultan



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ESAAC Chronic pain management Selective pain blocke2026 Ultrasound selected pain blocks and examinations



American Board of
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American Society of
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Prof Yasser Reda



Abeer Sherif



Prof Ahmed Zaghloul



Prof Ahmed Hasnain



Dr Yasser Al Tayeb



Dr Mamdouh al Shal



Dr Mohamed Al Afandi



Dr Mohamed Shible



Dr Hatem Sasi



Dr Ahmed Halwagy



Dr Tahir Ali

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Tips and tricks	Prof Yasser Reda
Head and neck	Prof Ahmed Hasnain
(a) Greater occipital nerve block (b) Cervical facet (c) Cervical sympathetic block	Dr Yasser Al Tayeb
Hip and knee joint examination	Dr Ahmed Halwagy
Hip and knee joint denervation	Dr MAMDouh al Shal
Shoulder joint (a) Suprascapular nerve block (b) AC joint (c) SSB (d) Biceps tendon (e) Shoulder joint denervation	Prof Ahmed Zaghlol
Trunk block (a) Caudal epidural block (b) SI joint block (c) SI joint denervation (d) ESPB	DR Mohamed Shible Dr Ahmed Halwagy
Scan on request	Prof Yasser Reda DR Mohamed Al Afandi



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The EASy Workshop



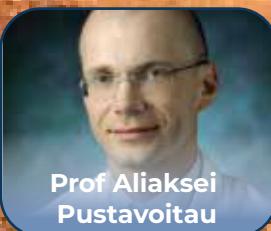
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American Society of
Regenerative Medicine



Prof Nibras Bughrara



Prof Aliaksei
Pustavotau



Prof Ahmed Taha



Prof Amr Abu Elala



Prof Wesam Sultan



Dr Galal Abdelnaby



Prof Mohamed
Hamed



Dr .Moataz Emara



Dr.Walid Ahmed



Dr.Ihab Ahmed



Dr.Mohamed Fawzy



Dr. Samah Saad



Dr. Menna Nassar

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The EASy Workshop

Time	Schedule	Description
7:00 – 8:00	Registration	
8:00 – 8:10	Introduction	
8:10 – 8:30	Overview Lecture Room	Group Introductions, Surveys, and Pre-test
8:30 – 10:00	Image Acquisition Introductions (20 minutes each) – Lecture Room	<ul style="list-style-type: none"> - Subcostal Cardiac and Inferior Vena Cava Views - Introduction to Lung Ultrasound - Introduction to Gastric Ultrasound - Hemodynamic Phenotypes of Patients in Shock
10:00 – 10:15	Break	
10:15 – 12:15	Interactive Ultrasound Demonstrations – Small groups, Skills Room	<ul style="list-style-type: none"> - Volume Assessment - Left Ventricular Assessment - Right Ventricular Assessment - Image Acquisition and Random Cases
12:15– 12:30	Distribute lunch boxes in Lecture room	
12:30– 1:30	Presentations – Lecture Room	<ul style="list-style-type: none"> - Ultrasound Use in Advanced Cardiac Life Support - Ultrasound Support of Resuscitation in Sepsis and Septic Shock - Incorporating EASy in Physiologically Difficult Airway (PDA) Management
1:30 – 2:00	Small groups Simulation Code-Plus! - Small groups, Skills Room	
2:00 – 2:15	Break	
2:15 – 4:15	Clinical Case Discussions with Report Generation: Small groups, Skills Room	
4:15– 4:45	Limitations and Pitfalls – Lecture Room	
4:45– 5:15	Post-test and Closing Remarks - Lecture room	



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ESAAC Regional anesthesia workshop 2026

Ultrasound selected pain blocks and examinations



American Board of
Regenerative Medicine



American Society of
Regenerative Medicine



Prof Yasser Reda



Abeer Sherif



**Dr Mohamed
AbdelWahab**



Prof Ahmed Zaghloul



Dr Mohamed Shible



Dr Mohamed Al Afandi



Dr Ahmed Halwagy



Dr Maeen Ahmad



Dr Mamdouh al Shal



Dr Badie Mohammed

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ULTRASOUND BLOCKS TIPS AND TRICKS	Prof Yasser Reda
Upper limb	Dr Mohamed AbdelWahab
1. Brachial plexus block at different level 2. Separate nerve block of Upper limb 3. Suprascapular nerve block	Dr Maeen Ahmad
Lower limb block	Dr Mamdouh al Shal
1. Femoral N block 2. LCFN block 3. Sciatic N block 4. Adductor canal block 5. Fascia iliac and PENG block	Prof Yasser Reda Dr Ahmed Halwagy
Trunk block	Dr Yasser Zaghloul
1. PICS,1 and 2 and serratus plane blocks 2. Erector spinae plane block 3. TAP block. 4. Rectus abdominus plane block	Dr Mohamed Shible
Scan on request for preferred block	Prof Yasser Reda Dr Mohamed Al Afandi

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Overall Learning Outcomes:

1. Describe the principles of ultrasound imaging.
2. Identify relevant sono-anatomy of various regional anesthesia procedures.
3. Learn indications for regional anesthesia techniques.
4. Learn safe approaches and performance of regional anesthesia procedures.
5. Use proper equipment settings, transducers, needles, and ergonomics to perform a safe and successful procedure.

Requirements

1. Anesthesia ultrasound machines 4-5
2. Volunteers for hand on examinations 4-5

Clinical station:

1. Registration **at 8 am**
2. Pre course exam **15 minutes**
3. Hand on use volunteer
4. Break **30 minutes** then hand on every station **50 minutes after 2 cessions.**
5. 4 stations upper limb, lower limb, trunk and scan on request for any preferred block
6. Ultrasound machines.
7. And at least 6 volunteers
8. breaks for **30 minutes.**
9. Post course exam **15 minutes**
10. Closing

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International Fluid Academy course



American Board of
Regenerative Medicine



American Society of
Regenerative Medicine

Prof Manu
mailbrain



Prof Yasser Zaghloul



Prof Mohamed Hamed



Prof Wesam Sultan



Prof Amr Abu Elala



Prof Safaa Hilal



Dr. Walid Ahmed



Dr. Tamer Montaser



Dr. Ihab Ahmed



Prof Ahmed Taha



Prof Prashant Nasa



Dr. Carlos Sanchez



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International Fluid Academy course

Time	Schedule	Description
08.00 - 09.00	Registration	
SESSION 1: Opening Session - Chairpersons:		
09.00 - 09.15	Opening ceremony	The President of The event and IFA President
09.15 - 10.00	Introduction to Fluid Stewardship: The 10 D's of fluid therapy	
10.00 - 10.30	Introduction to Hemodynamic Monitoring and Fluid Responsiveness	
10.30 - 10.45	Round Table Discussion	All Speakers
10.45 - 11.15	Welcome Coffee	
SESSION 2: Organ function - Chairpersons:		
11.15 - 11.45	Introduction to bio-eklectrical impedance analysis	All Speakers
11.45 - 12.15	Fluid accumulation syndrome	
12.15 - 12.45	How to implement fluid stewardship	
12.45 - 13.00	Round Table Discussion	All Speakers
13.00 - 13.40	Lunch Break	
SESSION 3: Hands-on Skill stations - Chaipersons:		
13.40 - 14.00	Skill station 1: BIA	
14.00 - 14.20	Skill station 2: TPTD shock patterns	
14.20 - 14.40	Skill station 3: VExUS	



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International Fluid Academy course

Time	Schedule	Description
14.40 - 15.00	Skill station 4: PLR	
15.00 - 15.15	Discussion	
15.15 - 15.45	Coffee Break	

SESSION 4: Advanced Case Discussion (Interactive Session) - Chairpersons:

	Case Discussion given by Local Expert covering ROSE phases	Presented by local expert and discussed by all speakers
15.45 - 15.55	1st topic : (R)esuscitation	Case presentation by local expert
15.55 - 16.05	Discussion on Resuscitation Fluids are Drugs!	All Speakers - moderated by
16.05 - 16.15	2nd topic : (O)ptimisation	Case presentation by local expert (continued)
16.15 - 16.25	Discussion on Optimization - Fluid restriction and withholding - advanced monitors	All Speakers - moderated by
16.25 - 16.35	3rd topic : (S)tabilisation	Case presentation by local expert (continued)
16.35 - 16.45	Discussion on Stabilization - Rationalizing fluids maintenance and creep	All Speakers - moderated by
16.45 - 16.55	4th topic : (E)vacuation	Case presentation by local expert (continued)
16.55 - 17.05	Discussion on Evacuation - How to guide deresuscitation and fluid withdrawing	All Speakers - moderated by

SESSION 5: Closing Session - Chairpersons

17.05 - 17.25	Closing lecture: How artificial intelligence will guide fluid therapy in the future	TBD
17.25 - 17.50	Post-Test Examination	
17.50 - 18.00	Closing ceremony - IFA prize award for top 3 winners and group photo	All Speakers



9 April

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18.00

End of IFADmini Meeting





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Prof Ahmed Taha



Dr Ahmed Hasanin



Prof. Abdelazem
Dawalti



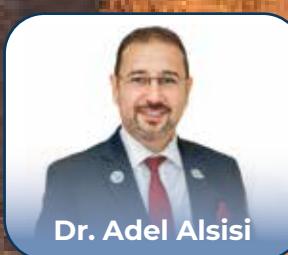
Prof. Aliaksei
Pustavoitau



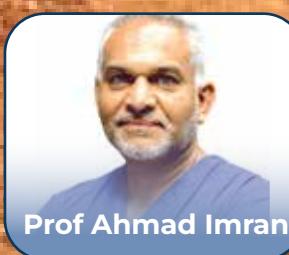
Dr. António Gandra



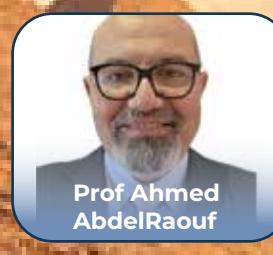
Prof Akram Abdelbary



Dr. Adel Alsiisi



Prof Ahmad Imran



Prof Ahmed
AbdelRaouf



Prof Amr Abu Elala



Dr Bernhard
Heidemann



Dr Carlos Sanchez



Dr Edward Bittner



Prof Dr Fuat H. Saner



Dr Fadel Ibrahim



Dr Hesham Talab



Prof Dr Hossam
beshara



Prof. Javier Pérez
Fernández



Prof John Huninnghake



Dr Khaled Ismail



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Dr Lamiaa Hamid



Prof. Mohamed
Abdulatif



Prof. Dr. Manu
MALBRAIN



Dr Mohamed
Elmorshedi



Dr Moataz Emara



Dr Mohamed
El Khashab



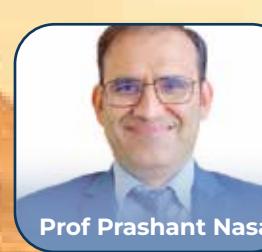
Dr Magdy Imam



Prof. Mohamed
Hamed



Prof Nibras Bughra



Prof Prashant Nasa



Dr Ryan Maves



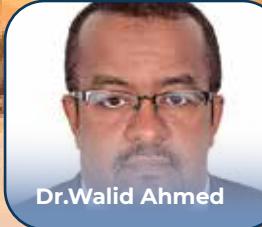
Prof Safaa Hilal



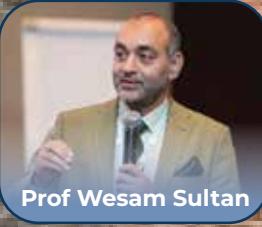
Dr Souhail Ahmed



Dr Tahir Ali



Dr. Walid Ahmed



Prof Wesam Sultan



Prof Yasser Zaghloul



Prof yasser Reda



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ESAAC 2026 Congress

Day 1: Friday 10th April 2026

Time	Topic	Speaker
9:00 – 9:10	Opening & Welcome Notes	Safaa Helal - Egypt
Session 1: Plenary Lectures Moderators: Safaa Helal, Ahmed Reda, Yasser Zaglol		
9:10 – 9:30	Critical Care Medicine: A Global View	Javier Perez - USA
9:30 – 9:50	Anesthesia 2026; Landmark Publications Shaping the Future	Mohamed Abdulatif Egypt
9:50 – 10:10	Nationwide Retrospective Analysis of Intravenous Fluid and Drug Use in Belgian Hospitals; A Descriptive Observational Study	Manu Malbrain Belgium
10:10 – 10:30	Discussion	
Session 2: General Topics Moderators: Wesam Suoltan, Ahmed Hasnin, Javier Perez		
10:30 – 10:50	Surviving Sepsis Campaign International Guidelines; 2026 Updates	Rayan Maves - USA
10:50 – 11:10	Advancements in Hemodynamics: 2025-2026 Overview	Ahmed Hasanin Egypt
11:10 – 11:30	Understanding Right Ventricular Hemodynamics: Implications for Management	Ahmed Taha - UAE
11:30 – 11:45	Discussion	
11:45 – 13:00	Jumma Pray & Coffee Break	
14:00 – 15:00	Opening Ceremony	
Session 3: Transplant Moderators: Esam Manaa, Eman Sayed, Rabab Habib		
15:00 – 15:20	Changes in Coagulation in Patients with Liver Cirrhosis	Fuat H. Saner - KSA



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Day 1: Friday 10th April 2026

Time	Topic	Speaker
15:20 – 15:40	Ischemic Heart Disease and Liver Transplant; How to Harmonize?	Mohamed Elmorshdy Egypt
15:40 – 16:10	Acute-on-Chronic Liver Failure; How to Manage?	Khaled Ismail - UAE
16:10 – 16:30	Norepinephrine in Liver Transplant	Moataz Emra – KSA
16:30 – 16:50	Pediatrics Liver Transplant; A Case Report	Yasser Zaghloul - UAE
16:50 – 17:10	Discussion	
17:10 – 17:40	Coffee Break	
Session 4: General Topics		
Moderators: Lamia Hamid, Magdy Mammoh, Basma Ghoniem		
17:40 – 18:00	Your Paper; From Submission to Decision	Abdel-Azeem El-Dawlatly Egypt
18:00 – 18:20	Patient Blood Management in Pediatrics	wessam sultan- Egypt
18:20 – 18:40	Complications of Regional Anesthesia	yasser reda- Qatar
18:40 – 19:10	Discussion	
End of Day 1		



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ESAAC 2026 Congress

Day 2: Saturday 11th April 2026

Time	Topic	Speaker
Session 5: Critical Care Medicine		
Moderators: Adel Alsisi, Mohamed Al-Khashab, Galal Abd Elnaby		
9:00 – 9:20	Get With The Guidelines Resuscitation (GWTG-R); The John Hopkins Experience	Aliaksei Pustavoitau USA
9:20 – 9:40	Postoperative Pulmonary Complications	Prashant Nasa - UK
9:40 – 10:00	Artificial Intelligence in Sepsis	António Gandra d'Almeida - Portugal
10:00 – 10:20	Peri-operative ECMO Indications, Modes and Precautions for Anaesthesiologists	Akram Abelbary - Egypt
10:20 – 10:40	Phenotypes of Cardiogenic Shock	Mohamed Al-Khashab UAE
10:40 – 11:00	Neuro-ICU Multi- Modality Monitoring and Advanced Sedation Choices	Adel Alsisi - UAE
11:00 – 11:20	Sub-phenotyping Hypotension in Early Sepsis	Carlos Scnchez - KSA
11:20-11:40	ERAS for the Critically Ill:Can Recovery Pathways Apply to Organ Failure Patients?	Mohamed Hamed Egypt
11:40 – 11:50	Discussion	
11:50 – 12:00	Coffee Break	
Session 6: Airway Management		
Moderators: Wesam Sultan, Safaa Helal, Ahmed Imran		
12:00 – 12:20	The New DAS 2025 Intubation Guidelines and The Accompanying Education Package	Ahmed Imran - UK
12:20 – 12:40	Advanced Airways Techniques	John Hunninghake USA
12:40 – 13:00	Interesting Airway Cases Discussion	Ahmed Imran - UK

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Day 2: Saturday 11th April 2026

Time	Topic	Speaker
13:00 – 13:20	Emergency Airway Management in Critically Ill Patients; The Role of Ultrasound	Yasser Zaghloul - UAE Nibras Bughrara - USA
13:20 – 13:30	Discussion	

Session 7: General Topics

Moderators: Amr Abu Elala, Ehab Saseed, Ahmed Helwa

13:30 – 13:50	Postoperative Delirium; Prevention and Management	Bernard Heidemann - UK
13:50 – 14:10	Between Relief and Risk: The Dual Face of Regional Anesthesia in Obstetrics	Ahmed Abd Elraouf - Egypt
14:10 – 14:30	Acute and Perioperative Care of the Burn Injured Patient	Edward Bittner - USA
14:30 – 14:50	Cardiogenic Shock Management Pathway; The Concept of Shock Team Activation	Walid Ahmed - UAE
14:50 – 15:10	What is The Best Intravenous Fluid in ICU?	Amr Abu Elala - UAE
15:10 – 15:30	Discussion	
15:30 – 16:00	Coffee Break	

Session 8: General Anesthesia

Moderators: Wesam Sultan, Hisham Talab, Ashraf Arafat

16:00 – 16:20	Anesthetic Challenges in Valvular Heart Disease: Hemodynamic Goals, Risk Mitigation, and Real-World Case Strategies.***	Hisham Talab - Canada
16:20 – 16:40	Digital Twins in Critical Care: From Data Streams to Real-Time Clinical Decisions	Lamia Hamid - Egypt



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Day 2: Saturday 11th April 2026

Time	Topic	Speaker
16:40 – 17:00	Curriculum Mapping in Anaesthesia Training	Suhail Ahmed Qatar
17:00 – 17:20	Acute Spinal Cord Injury Management; Challenges from Admission to ICU	Hossam Beshara Australia
17:20 – 17:40	Hemodynamics and Fluids Optimization in Major Abdominal Surgery	Tahir Ali - UK
17:40 – 18:00	Hemodynamic Recovery After the Storm: Resuscitation Beyond Crisis	Magdy Imam - UAE
18:00 – 18:20	CRRT Vs Conventional Dialysis in Acute Brain Injured Patients.	Fadel Ibrahim - KSA
18:20 – 18:30	Discussion	
End of Day 1		

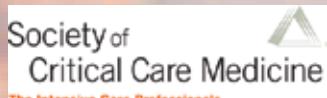
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Airway and mechanical ventilation course by SCCM



Course Consultant



Prof John
Huninnghake



Dr. Edward Bittner

Course Director



Prof Ahmed Taha

Course Coordinators



Prof Safaa Hilal



Prof Yasser Zaghloul



Prof Wesam Sultan

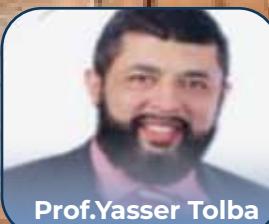
Course Faculty



Prof Amr Abu Elala



Prof. Galal
abdenabi



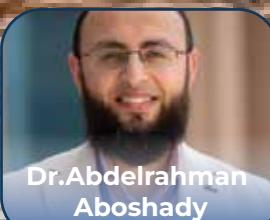
Prof. Yasser Tolba



Dr. Mohamed Amin



Prof Mohamed
Hamed



Dr. Abdelrahman
Aboshady



Dr. Walid Ahmed



Dr. Ihab Ahmed



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Airway and mechanical ventilation course by SCCM

Skills Room	08:00 - 08:40	08:40 - 09:20	09:20 - 10:00
Team 1	Overview of Airway Practice	Intubation Medications	Laryngoscopy
Team 2	Laryngoscopy	Overview of Airway Practice	Intubation Medications
Team 3	Intubation Medications	Laryngoscopy	Overview of Airway Practice
Team 4	Overview of Airway Practice	Intubation Medications	Laryngoscopy
Team 5	Laryngoscopy	Overview of Airway Practice	Intubation Medications
Team 6	Intubation Medications	Laryngoscopy	Overview of Airway Practice
Skills Room	10:00 - 10:55	10:55 - 11:35	11:35 - 12:15
Team 1	Surgical Airways	Team Approach to Airway	Advanced Airways
Team 2	Advanced Airways	Surgical Airways	Team Approach to Airway
Team 3	Team Approach to Airway	Advanced Airways	Surgical Airways
Team 4	Surgical Airways	Team Approach to Airway	Advanced Airways
Team 5	Advanced Airways	Surgical Airways	Team Approach to Airway
Team 6	Team Approach to Airway	Advanced Airways	Surgical Airways



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Airway and mechanical ventilation course by SCCM

Skills Room	01:00 - 01:40	01:40 - 02:20	02:20 - 03:00
Team 1	Safe Mechanical Ventilation	Patient Ventilator Dyssynchrony	Refractory Hypoxemia
Team 2	Refractory Hypoxemia	Safe Mechanical Ventilation	Patient Ventilator Dyssynchrony
Team 3	Patient Ventilator Dyssynchrony	Refractory Hypoxemia	Safe Mechanical Ventilation
Team 4	Safe Mechanical Ventilation	Patient Ventilator Dyssynchrony	Refractory Hypoxemia
Team 5	Refractory Hypoxemia	Safe Mechanical Ventilation	Patient Ventilator Dyssynchrony
Team 6	Patient Ventilator Dyssynchrony	Refractory Hypoxemia	Safe Mechanical Ventilation
Skills Room	03:15 - 03:55	03:55 - 04:35	04:35 - 05:15
Team 1	Noninvasive Ventilation	Disease Specific Strategies	Weaning the Difficult Patient
Team 2	Weaning the Difficult Patient	Noninvasive Ventilation	Disease Specific Strategies
Team 3	Disease Specific Strategies	Weaning the Difficult Patient	Noninvasive Ventilation
Team 4	Noninvasive Ventilation	Disease Specific Strategies	Weaning the Difficult Patient
Team 5	Weaning the Difficult Patient	Noninvasive Ventilation	Disease Specific Strategies
Team 6	Disease Specific Strategies	Weaning the Difficult Patient	Noninvasive Ventilation